

Dear Parent/Guardian,

TY students are being offered the exciting opportunity to go on their first residential trip to Carlingford Adventure Centre. Students will be leaving the school at **3.20 pm (approx.)** on Wednesday 13th March and will return on Thursday 14th March at **5.45pm (approx.)**. TY students have a full school day, as normal, on Wednesday 13th March but may wear in their TY Hoody and navy/black bottoms, instead of the full school uniform. The bus will stop at 'Park Ri' in Kells on the way to Carlingford so that students can have a substantial meal, therefore, pocket money will be required for this. It might be no harm for the students to have a bottle of water and plenty of snacks for the evening time. Students must bring in a sleeping bag and pillow in addition to the following, on the morning of Wednesday 13th March:

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| ✔ T-Shirts | ✔ Rain Jacket |
| ✔ Tracksuit Tops | ✔ Personal Toiletries & Towels |
| ✔ Bottoms & Socks – At Least One Change Per Day (Jeans Are Not Suitable) | ✔ Sunscreen |
| ✔ Swimsuit; 2 Pairs Of Runners (One Old Pair For Water Sports) | ✔ 2 Plastic Bags For Storage Of Wet Gear |
| ✔ Torch (Winter Only) | ✔ A Refillable Water Bottle. |
| | ✔ Gaisce / Orienteering – Trousers, Walking Boots & Small Rucksack. |

** Ignore reference to the swimsuit as there are no water activities included for this trip.

The PM activity on Wednesday is 'Nightline'. This involves following a rope course around the enchanted forest whilst blindfolded and holding on to the persons shoulder in front. The team must communicate effectively to ensure that they stay together. The activity is designed to test the group's communication skills and encourages support within the team. Very exciting and great fun!

The AM activities on Thursday include -Aero Ball -Foot Golf -Ireland Ancient East Maze.

The PM activities on Thursday include – The Sky Aerial Course where students can test themselves on the Aerial Adventure Course with over 30 challenges including cargo nets, skateboards, giant log swings, monkey bars and of course zip wires!

Please read carefully the behaviour contract below with you son/daughter both now and directly before the trip.

I hope this a truly enjoyable trip for all involved.

Sincerely,

Ms. McStay
TY Coordinator

Carlingford Adventure Centre Information

Address: *Tholsel Street, Carlingford Co. Louth A91VW70*
Email address: *info@carlingfordadventure.ie*
Phone Numbers: *042-9373100 (Office)*

Summary of Behaviour Policy of St Oliver PP and of LMETB

1. I/We will stress to our son / daughter that he / she must obey teachers and staff at Carlingford Adventure Centre in all matters of behaviour, and sanctions will be given should any issue arise.
2. I/We understand that if a student's bad behaviour is deemed severe enough contact will be made with you the parents/guardians in order to arrange details of transport home on the morning of Thursday 14th March, at no cost to the school.
3. I/We accept also that any student who puts their own health and safety or that of any other member of the group in jeopardy will be excluded from the remainder of the trip. Any student who uses, supplies or is found in possession of drugs, alcohol, solvents, inhalants or other dangerous substances will be sent home immediately.
5. I/We understand that any damage caused by a student to equipment, accommodation, transport or other property is at the expense of the parent/guardian.
6. I/We agree, that while on the trip, students need to conduct themselves in a respectful manner. Please consider that there may be other groups at the centre and that their experience should not be affected in any way by our students.
7. I/We accept that students are required to remain in their bedroom after the allocated time given by the teachers/staff from the centre. Checks will be carried out after this time and failure to adhere to this will result in the student(s) being withdrawn from an activity and contact will be made with parents/guardians.
8. I/We understand that the teachers/staff from the centre, will be exercising the same care as a prudent parent. Students must only behave in the same manner as they would in front of their parents at home.
9. I/We understand that not adhering to the rules listed above may result in the student(s) being excluded from future school trips.
10. **I/We understand that any medication our son/daughter requires is to be given to Ms Brogan. This must be in an envelope with name and dosage details on it. An ideal time to hand this over is, prior to putting their luggage on the bus.**
11. **I/We agree to our son/daughter receiving emergency treatment, as considered necessary by the medical authorities, should they become unwell on the tour.**